



Volume 46 Issue 1

January 13, 2012

### Coffee and Connection: LGBT Graduate Student Coffee Hours

LGBT RC Conference Room

First gathering: January 18 | 4:00 p.m. - 5:00 p.m.



Want to build relationships with other LGBT graduate students? Then join us at the LGBT Resource Center as we come together for coffee and connection. Free beverages and snacks catered by the Art of Espresso Coffee Cart! These gathering are supported by the Office of Graduate Studies, the Graduate Student Association, Q Grads, and the LGBT Resource Center.

Week 2: Wednesday, January 18 | 4:00-5:00 p.m.

Week 4: Thursday, February 2 | 3:30-5:00 p.m.

Week 6: Tuesday, February 14 | 2:00-3:30 p.m.

Week 8: Monday, February 27 | 3:00-4:00 p.m.

#### Navigation Menu

- Coffee and Connection: LGBT Graduate Students
- LGBT Staff & Faculty Reception
- Winter Q League Retreat
- LGBTRC Census
- Donate to the LGBTRC
- Call for T-shirt Donations!
- Come OUT to the Game
- Chat with Cat
- UCSD LGBT Undergraduate Scholarships
- LGBT Study Abroad Information
- Sign Up for LTEA110C
- Mixed Student Union
- Wellness Workshops for Graduate Students
- Chicana Feminist Lecture
- The Zone
- Her HRC Celebration
- LGBT Radio Show
- LGBT Provider Survey
- Graduate Assistantships

Winter Quarter 2012  
LGBT RC Hours

Monday - Thursday:  
8:00 a.m. - 9:00 p.m.

### LGBT Staff and Faculty Association's Annual Reception

LGBT Resource Center

January 19 | 4:00 p.m. - 5:30 p.m.

The annual reception will be on January 19th at the LGBT Resource Center from 4:00-5:30pm. Please plan on joining us for some light refreshments and the opportunity to mingle with some of your fellow community members. You can connect with the LGBT Staff Faculty Association through facebook at <http://www.facebook.com/pages/UCSD-LGBT-Staff-and-Faculty-Association/129756990404120>.



### Winter Q League Retreat

Mandeville Suite, Muir College

January 21 | 8:00 a.m. - 8:00 p.m.



Are you currently a queer student leader? Are you interested in being a student leader in a queer organization? Do you want to participate in the LGBTRC's second leadership retreat on Saturday, January 21, 2012? Then register for the retreat online! Register for the retreat online: [click me: retreat registration](#)

\*note: maximum space for the retreat is 25 students

This group is for all queer student leaders who are interested in fostering leadership development, collaboration, discussing intersecting and multiple identities, and an

Friday:  
8:00 a.m. - 4:30 p.m.

Saturday & Sunday:  
Closed

interest in planning student retreats and conference delegations. Like us on facebook: [here](#)

## Who are you and why are you here? The LGBT Resource Center Census!

### LGBT RC Visitors This Week

Students: 365  
Staff: 38  
Faculty: 4  
Alumni: 6  
Guest: 7  
Total: 420

During Week 3 of the winter quarter we will ask every visitor to the UC San Diego LGBT Resource Center to complete a census form. The goal is to collect information about who you are, why you visit the LGBT Resource Center, how we are doing and what we can meet your needs. And we will ask you to fill it out every time you visit during week 3 (Visit 3 times on Tuesday? Fill it out 3 times!) It is short, easy, anonymous and really will help the LGBT Resource Center in our strategic planning and assessment. If you have questions, contact Shaun Travers, [stravers@ucsd.edu](mailto:stravers@ucsd.edu). Thanks!



### INTRODUCING... Roshni Guha Thakurta



I am the 2011-2012 Web Design and Graphics Intern. I am responsible for updating the website, making flyers, and updating welcome board near the staircase. If you have any suggestions please feel free to voice them. As it is a new quarter I look forward to a fresh start meeting new people. Please don't feel shy approaching me.

## Please join us in giving to the LGBT Resource Center



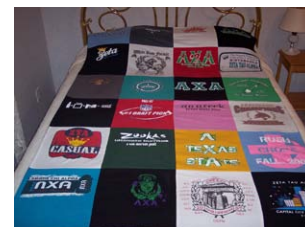
As we begin the new year, please make a resolution to give to the UC San Diego LGBT Resource Center. Your financial support helps us support our incredible interns, put on our community building events and extend our educational work. Giving is easy and fun, just click here!

[http://lgbt.ucsd.edu/Support\\_the\\_UCSD\\_LGBT\\_RC.asp](http://lgbt.ucsd.edu/Support_the_UCSD_LGBT_RC.asp) Thanks for

your financial support!

## Call for T-shirt Donations!

Hello everyone! I need your help! Do you have too many t-shirts packed away in drawers and left to hang in closets because it's too hard to part with all of those memories? Well, there's a solution!



As part of my Queer Student Action Project, I will be working to put together a social justice themed memory quilt consisting of t-shirts from the community, for the community. Please donate any t-shirts and contribute to the making of this memory quilt for the LGBT Resource Center. T-shirts can be dropped off any day and any time that the Resource Center is open, either at the front desk or in the box located near the front desk. If you have any questions or concerns, feel free to contact me at [byyan@ucsd.edu](mailto:byyan@ucsd.edu). Thank you!

## Come OUT to the Game: UC San Diego vs. Cal State L.A. Men's Basketball

RIMAC Gym  
February 3 | 7:30 p.m.

### Blast from the Past: *Cultural Unity Day of Awareness*

Join the UC San Diego LGBT community as we come OUT to the game: UC San Diego vs Cal State L.A.'s Men's Basketball! UC San Diego Intercollegiate Athletics will be recognizing Shaun Travers, Director of UC San Diego's LGBT Resource Center, as the honorary coach for the game. Come out with all of your Triton LGBT pride and support the UC San Diego



In celebration of the 10th anniversary of the Rainbow Newsletter, a memorable event from the past will be highlighted every week.

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 Ten years ago, on January 17, the Cultural Unity Day of Awareness (CUDA) was held in the Price Center Plaza. This event was an opportunity to connect the network of entities who are currently working on cultural and sensitivity issues on the UCSD campus. This included uniting student organizations, campus departments, faculty members and active individuals to stand together in solidarity. The event featured an open mic session for representatives of the CUDA collective and a Community Drumming Circle.

"The less you think about your oppression, the more your tolerance for it grows. After a while, people just think oppression is a normal state of things. But to become free, you have to be acutely aware of being a slave."

-- Assata Shakur

Events  
 Newsletter Archive  
 Transgender Health Info  
 Res Life Info  
 Request Speakers Bureau  
 Volunteer Sign-Up  
 Terminology



Tritons as they take on Cal State L.A.! Free for students, \$5 for alumni and \$9 general admission.

### Chat with Cat

LGBT Resource Center  
 Wednesdays | 12:00 p.m. - 5:00 p.m.

Dr. Cat Thompson is the Counseling and Psychological Services (CAPS) liaison to the Campus Community Centers. She is housed at the Women's Center and spends five hours per week at each Community Center to facilitate seeing students and being in community. She will be at the Women's Center on Mondays from 10am to 1pm, the LGBT Resource Center on Wednesdays from 12pm to 5pm and the Cross-Cultural Center on Thursdays from 1pm to 6pm. Please speak to community center staff if you are interested in setting up an individual counseling appointment with her. Otherwise, feel free to stop by and say "hi" as she is here to be of service to our community and would love to connect with you. For more information about her training and areas of clinical interest, please see the staff section at <http://caps.ucsd.edu>.



### UCSD LGBT Undergraduate Scholarships

Due March 16 | 4:00 p.m.

The LGBT Undergraduate Scholarship Program encourages gay, lesbian, bisexual, and transgender UCSD students to apply for the nine scholarships made possible by generous contributions from many people, including Chris Arrott, Michael Marx and Donald Marshall, Russ Ty, and from funds in memory of Tracee Parsons and Stephen P. L'Italien, Jr. The objective of the undergraduate scholarship program is to recognize and encourage academic excellence and to offer financial support to meritorious students. All 2012-2013 LGBT Scholarship



applications will be submitted to the Lesbian Gay Bisexual Transgender Resource Center (LGBTRC) and are due on March 16, 2012 at 4:00pm. For more information, please click [here](#) or email Vanidy at [vbailey@ucsd.edu](mailto:vbailey@ucsd.edu).

### LGBT Study Abroad Information



The UCSD International Center is committed to assisting LGBTQ students with study abroad and international experiences. There are many programs available. A few ideas include the UCSD Global Seminar in Berlin, Germany; the Medical Spanish program in Costa Rica through AIFS; the Education Abroad programs in different countries, such as Sweden and the United Kingdom.

To begin your study abroad journey, attend a First Steps meeting at the UCSD International Center. You can sign up at the Programs Abroad



If you would like to submit an item to the newsletter, please send it by Wednesday at 1:00 p.m. to [rainbow@ucsd.edu](mailto:rainbow@ucsd.edu) and type "For Newsletter" in the subject line. News items should be UCSD & LGBT focused.

Office web site at: <http://pao.ucsd.edu>. After exploring programs of interest to you, we invite you to make an appointment with a study abroad adviser to discuss your options.

Lastly, Rainbow SIG's Fall 2011 newsletter, "SIGnals", has been published and can be viewed at the following web site:

<http://www.indiana.edu/~overseas/lesbigay/SIGNewsFall2011.pdf>

### LTEA110C - Queer Chinese Cultures: A Survey of Fiction, Film, & Theory

*Thurgood Marshall IO2-1*

*Tuesdays & Thursdays | 2:00 p.m. - 3:20 p.m.*

It's not too late to sign up to take LTEA110C! This course offers a survey of materials on Chinese lesbian, gay, bisexual, transgender, and gender-nonconforming literature, cinema, culture, and critical theory from contemporary China, Taiwan, Hong Kong and beyond. This is a discussion- and writing-oriented course in which we will explore a diverse sampling of materials related to Chinese queer cultures.



### The Mixed Student Union

*Conference Room, UCSD Women's Center*

*Tuesdays | 5:00 p.m. - 6:00 p.m.*



Tues 5-6pm Women's Center

The Mixed Student Union will be meeting on Tuesday's from 5-6pm in the large conference room at the Women's Center. We're a group of students trying to create a space for the mixed, multicultural, multinational, multiethnic, multiracial and transracial adoptee community here at UCSD. We want to create a fun space for all of us to share our experiences and meet new people. All people of mixed heritage or not, anyone interested is welcome! For more information please email me, Jasmine Williams (Co-Chair

of MSU) at: [jsw001@ucsd.edu](mailto:jsw001@ucsd.edu)

### Wellness Workshops for Graduate Students: Feeling Like a Fraud - Dealing with Imposter Syndrome

*The Zone (located in Price Center)*

*January 18 | 12:00 - 1:00 p.m.*

The Zone's Winter Quarter Wellness Workshop Series is a lunch-time series that provides information on campus resources that support the mental, physical, social, and financial aspects of the graduate & professional student experience.



This week's workshop series focuses on dealing with imposter syndrome. As a graduate student, have you ever had the secret sense that you are not as capable as others think you are? You are not alone--self-doubt can creep into anyone's life, especially when they've stepped into a new role (e.g., becoming parents, presidents, doctors, or graduate students!). This workshop is designed to help you navigate through these doubts, to be mindful of the limits of your current abilities, and to encourage you to find personal and professional growth opportunities.

*Presented by Drs. Jess Chang & Monique Mendoza; Counseling and Psychological Services (CAPS)*

For information about upcoming workshops, please visit the following website:

[http://zone.ucsd.edu/programs/Gradwellness\\_wntr\\_2012.pdf](http://zone.ucsd.edu/programs/Gradwellness_wntr_2012.pdf)

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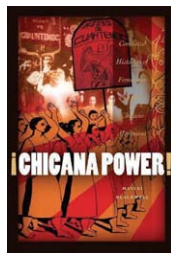
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## Chicana Feminist Lecture

*Weaver Room, Institute of the Americas (IOA) on UCSD*

*January 26 | 5:00 p.m.*



Please join us for an enlightening evening as Assistant Professor of Chicana/o Studies at UCLA, Dr. Maylei Blackwell joins and shares her latest book, *Chicana Power! Contested Histories of Feminism in the Chicano Movement (Chicana Matters)*, the first book-length study of women's involvement in the Chicano Movement of the late 1960s and 1970s. Special guest Anna Nieto Geto Gómez, one of the Chicana activists featured in Dr. Blackwell's book, will also be present to meet students and answer questions.

## Check out The Zone!

*The Zone (located in Price Center)*

UCSD STUDENTS! Want a boost for mind and mood? Drop into The Zone for FREE fitness workshops, Tai-chi, biofeedback, meditation, therapy dogs, healthy cooking demos, health assessments, laughter class, social



education forums, and a variety of other special presentations! In The Zone, you'll find an improved sense of balance and creativity while releasing tension and connecting with awesome people. We also have crafts, books, tea, music, and games. Check it out! The Zone is located in Price Center Plaza, between Jamba Juice and The Box Office. Find more information and our weekly schedule at [zone.ucsd.edu](http://zone.ucsd.edu).

## Her HRC Celebration

MoSaic Wine Bar, 3422 30th Street, North Park  
January 15 | 5:00 p.m. - 10:00 p.m.



MoSaic features an array of the world's most distinctive wines and will also have available amazing food and drink specials for the evening! Join us for an evening of live acoustic music at one of San Diego's premier wine bars, featuring Ashley Juavinett ([www.ashleyjmusic.com](http://www.ashleyjmusic.com)) and special guest DJ Dida. Tickets \$10 (21+) and includes admission and annual HRC membership.

## LGBT Radio Show: The OUT Agenda

Mondays | 7:00 p.m.

A new show is taking to the airwaves. The OUT Agenda is for gays, lesbians, bisexuals and transgendered, for our friends and families, for people who want to know us better and folks who should. The OUT Agenda airs on Mondays at 7:00 in the evening on KPFK 90.7 FM in Los Angeles, 98.7 in Santa Barbara, 99.5 in China Lake, and 93.7 in North San Diego.



Join us; this show is for you. Contact us and our guests during the show using [Facebook](https://www.facebook.com/theoutagenda) or email us at [theoutagenda@gmail.com](mailto:theoutagenda@gmail.com) or [theoutagenda@kpfk.org](mailto:theoutagenda@kpfk.org). We'll respond to your questions during the show and keep the conversation going Facebook. If you cannot listen to the show live on Monday evening, catch the podcast later at [www.kpfk.org](http://www.kpfk.org).

## LGBTQ Reducing Disparities Project: Provider Survey



This survey is part of a groundbreaking-community-based-research project to assess the inequalities and discrimination faced by LGBTQ communities, which can lead to negative mental health outcomes. The results of this survey will impact recommendations for improving mental wellness for LGBTQ individuals. These recommendations will be included in a major report to the California Department of Mental Health and disseminated to LGBTQ communities and health and human service providers throughout the state.

Click on the link below or cut and paste into your browser to take the survey:  
<http://www.tinyURL.com/LGBTQprovidersurvey>

## Loyola University Chicago: Graduate Assistantships

Due January 17

The Division of Student Development at Loyola University Chicago, in conjunction with the School of Education's Masters in Higher Education Program, would like to extend an invitation to your students interested in a career in Higher Education to apply for a Graduate Assistantship in Student Development. In particular, Loyola is looking to recruit candidates from underrepresented populations in an effort to diversify and enrich the Graduate Assistant and Graduate Program candidate pools.



Please visit the following link for more information about the Graduate Assistantship:  
<http://www.luc.edu/studentdevelopment/graduateassistantship.shtml>



This publication is a regular compilation of news and information from the UCSD LGBT Resource Center to help keep you informed about news and events relevant to the UCSD LGBT community. For more information about the Rainbow Newsletter or to offer your comments or suggestions, please contact the LGBT Resource Center at (858) 822-3493 or [rainbow@ucsd.edu](mailto:rainbow@ucsd.edu). Newsletters are archived at <http://lgbt.ucsd.edu/newsletter.asp>.

The UC San Diego LGBT Resource Center is committed to being accessible to all who frequent our space, participate in our programs, and attend our events. Our physical location is accessible to anyone who utilizes assisted mobility. If you require specific accommodations to fully access any of our programs or events, please contact Vanidy Bailey at [vbailey@ucsd.edu](mailto:vbailey@ucsd.edu) or (858) 822-3493.

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